

Lansingburgh High School & Knickerbacker Middle School Breakfast Menu May 2007

If you have any questions, please call the Director of Dining Services: Janice Novak at (518-233-6829)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 H.S. Waffle Bar Warm Honey Bun Fruit	2 K.M.S. Waffle Bar Pancakes w/ sausage syrup Juice	3 Pizza Mufins Juice	4 Muffin Fruit Cup
7 Waffles w/syrup Sausage Fruit	8 H.S. Waffle Bar French toast sticks syrup Juice	9 K.M.S. Waffle Bar Ham & Cheese on a Bagel Juice	10 Warm Honey bun Fruit	11 Egg & Cheese Omelet Sausage Toast Juice
14 Breakfast Sandwich Fruit cup	15 H.S. Waffle Bar Pancakes w/Syrup Spiced Apples Juice	16 K.M.S. Waffle Bar Muffin Juice	17 French Toast Sticks w/ syrup Sausage Juice	18 Warm Honey Bun Fruit Cup
21 French Toastw/ Syrup Sausage Juice	22 H.S. Waffle Bar Pizza Muffins Juice	23 K.M.S. Waffle Bar Breakfast Sandwich Juice	24 Jiffy Sticks w/ syrup Fruit	25 Egg & Cheese Omelet Sausage Toast Juice
28 NO SCHOOL	29 H.S. Waffle Bar French toast sticks Syrup Juice	30 K.M.S. Waffle Bar Breakfast Sandwich Juice	31 Waffles w/ syrup Sausage Fruit	

Daily alternates may include: Assorted ready-to-eat cold cereals • Bagels • Cereal Bars • Yogurt

All meals are served with a choice of milk (low fat white or low fat chocolate)



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